



Instructions for Using and Caring for Your New Veneers

We appreciate that you will be excited to use your new clip-on veneers but before doing so for the first time, please take a few moments to read through these instructions.

Wearing Your Veneers.

Each time you insert your veneers, please always make sure that your teeth are clean.

Your new veneers will take a little time to get used to. This is because they will be a little thicker, longer and wider than your natural teeth.

Please do allow yourself enough time to get used to them.

It is normal to experience a slight lisp when you first start using the veneers, do not worry about this, it normally passes after the first few days or weeks.

What if your veneers do not fit properly?

Your veneers have been designed and manufactured to fit the impression of your teeth and not your natural teeth as such. If you find your new veneers do not properly fit, please contact us by phone or email quoting your order number, we will then work out the best solution for you.

Removing and handling your veneers

We advise holding them towards the back where they are thicker and stronger, and gently teasing them out. Avoid twisting or pulling your veneers out of shape

Eating with your veneers.

Whether you choose to wear your veneers whilst eating, is a matter of personal preference- not doing so will increase the life of the veneers. Eating with the veneers in place will not feel quite as natural as with just your natural teeth, but again it's something most people get used to after a short time. You should avoid eating tough or hard foods whilst wearing your veneers.

We cannot accept responsibility for accidental damage to the veneers caused by eating.

Sleeping

You should remove the veneers before going to bed.

Keeping your Veneers Clean

The veneers should be cleaned when you take them out for the night, we also advise cleaning your veneers after eating with them.

Rinse under warm (**not hot**) water.

Use only a soft bristle tooth brush or denture brush to **gently** clean and remove any food particles. Do **not** use an electric tooth brush to clean the veneers. Avoid any vigorous cleaning action.

Do not use ordinary toothpaste as this is abrasive and may scratch the surface of the veneers.

For a more thorough clean, stand your veneers in denture steriliser solution, do this once or twice each week or more often if needed.

If using paste or brushes or other cleaning products, please be sure to use **only** products specially designed for use with removeable dental appliances. [You can find details of suitable cleaning products on our website.](#)

Breakages and damage

Please bear in mind veneers cannot last for ever. Like a dental retainer, with use veneers will wear and eventually break and need to be replaced. They are also susceptible to accidental damage for example if you stand on them or rest something heavy on them.

We advise keeping your veneers out of direct sunlight when not wearing them. Ultra-violet sunlight or excessive heat could cause damage.

When not wearing the veneers, please store them in the case provided. This will help keep them out of sunlight and will reduce the risk of accidental breakage.

Looking after your natural teeth

Remove your veneers before cleaning your natural teeth. It's important that you should continue to care for and clean your natural teeth and see a dentist for regular check-ups. Please refer to the NHS website for further guidance about how to look after your natural teeth:

<https://www.nhs.uk/live-well/healthy-body/take-care-of-your-teeth-and-gums/>

Children and others

Please keep your veneers away from children.

We only supply our veneers for use by adults.

Also, do not let anyone else "try-on" your veneers - they are designed only for your mouth and forcing them into someone else's mouth is likely to damage the veneers.

~We hope you really enjoy your new smile~

Recommended Cleaning Products

For tablets and brush £15.95. Tablets only £9.95



NITRADINE® disinfectant tablets Swiss-made patented dissolving disinfectant tablets specially formulated for dental appliances and designed to penetrate into micro-porosities on the surface of your veneers or other appliance.

Biofilm is a problem which can be difficult to eliminate without using a disinfectant.

NITRADINE® is fast working and scientifically proven to be highly effective at killing any pathogens and fungus lurking on your veneers. It does this by removing any biofilm from your dental product.

NITRADINE® is hypoallergenic. It does not corrode, discolour or distort your dental appliance.

SILI-SENSI BRUSH. For gentle brushing action on dental appliances; also great for sensitive gums.

The bristles of the **SILI-SENSI BRUSH** are made from non-abrasive high-quality silicone rubber instead of harsh nylon used by ordinary tooth brushes- firm enough to clean whilst minimising the risk of your veneers getting scratched or damaged.

SHINE cleaning paste. Twin pack £14.00

Specially formulated to help clean removeable dental appliances. Helps to refresh, whiten and polish your appliance. Removes harmful biofilm which can cause various mouth problems if left unchecked.

Clinically shown to effectively counteract the presence of candida albicans.

Designed for daily use. Actively cleans and disinfects your appliance.



[Order Yours Today!](#)

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